

**Reflex Points
with
Photo Reference**

**Description of Reflex Points
with Comments**

Activate a weak reflex, brush down,
and record the score.
When necessary, review Key Terms, p.44, 75.

**Effective Products
Used in My Practice**

Test for the strongest
product(s) and dosage

**Absorption –
Utilization**



Definition of Absorption of food: A process that carries nutrients into the circulatory system and then delivers them to the cells.

Definition of Utilization: A cell is the important unit of life. A large number of chemical reactions in the cell, utilize/put to use the nutrients to produce materials needed for our existence. Many digestive symptoms may find their cause in the absorption and utilization of food.

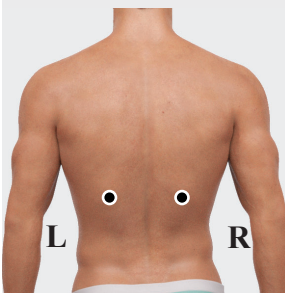
Point fingertips between the between the breasts as pictured. If the testing arm on the Absorption - Utilization Reflex is weak, a common cause may well be (1) a HCL deficiency (see **Deficiencies**, p. 110) or (2) consider a utilization problem sometimes due to a pancreatic enzyme deficiency (see **Pancreas**, p.164). The liver, gallbladder, and bile duct dysfunction are also considerations if the above possibilities do not correct the digestive symptoms.

Important: Rule out poor dietary habits, eating too much, eating too fast, eating too many rich foods, etc. These practices are often a major cause and/or contributing factor if not the main cause of many digestive symptoms.

*HCL-Plus(B),
Zypan(SP), Be-
taine Plus HP(B),
Gastro Digest II(V),
Hydro-Zyme(B),
Cytzyme-PAN(B),
Bio-6-Plus(B)*

Adrenal

1) Adrenal Direct



This reflex is found directly above each kidney as pictured. Point fingertips on the fleshy part of the back, on the right and/or left side. If the testing arm on this reflex is weak, you must determine if the adrenal glands are in a hypo or hyper state.

Adrenal continued

a. Hypo -
underactive

Activate the Adrenal Reflex (brushing up in the back to activate) and then place the ulnar (back) side of your hand on the Adrenal Reflex, right and left. If the testing arm is weak on the back side of the hand, it indicates a hypo (under-active) state of the adrenal glands. Test products listed and others of your choice. Recommend strongest testing product(s).

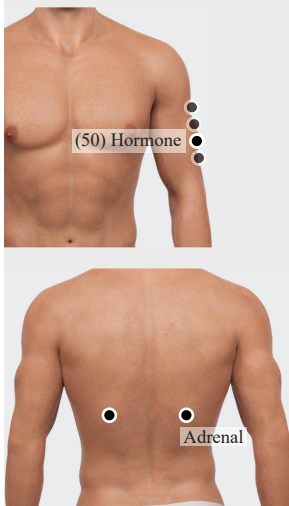
Drenatrophin PMG(SP), Cytozyme-AD(B), Pantothenic Acid 500(AR), ADB5-Plus(B), ReGenerZyme Adrenal(V), Adrenal Desiccated(SP), Natural Balancing Cream(V)(M/F), R•R Acute Stress(HVS), ReGenerZyme Heart(V), Present Moment EO(V)

b. Hyper-
overactive

Activate the Adrenal Reflex (brushing up in the back to activate) and then place the palmer (front) side of your hand on the Adrenal Reflex, right and left. If the testing arm is weak, it indicates a hyper (over-active) state of the adrenal glands. In advanced cases of Adrenal cortical function (hyper), test DHEA(B) and Pantothenic Acid 500(AR). Test also other hyper adrenal products listed, or others of your choice.

Matrix Synergy(V), ReGenerZyme Heart(V), ADHS(B), Drenamin(SP), R•R Acute Stress(HVS), Immune Harmony EO(V), Kalmz(V) see p.211

2) *Extended Care*
(50) Hormone-
Adrenal



Reminder: This is one of four *Extended Care* Reflexes that I use from Dr. V.'s latest research - all found on the left arm. If needed, review *Extended Care*, p.121. To find this reflex, place fingertips at the (50) Hormone reflex on the left arm, as pictured. If the testing arm on this reflex is weak, activate and go directly to the Adrenal Reflex, right then left as pictured below. If the testing arm on this reflex is also weak you need to determine if the adrenals are in a hypo or a hyper state as indicated above. You can find hypo adrenal using the back side of the hand. (For easy testing in the back, use the negative, a closed fist.) You can find a hyper adrenal using the palmer side of the hand over the Adrenal Reflex. **Note:** It is through the (50) Hormone Adrenal that you may also find a sub-functioning pituitary gland. When you are not able to